

# Sergio Lopez Swim Camps at Virginia Tech

## 5 DAY CAMPS WHAT TO BRING

### **CAMPERS NEED TO BRING:**

- \_\_\_ Twin sheets (*XL*) and blanket OR Sleeping Bag
- \_\_\_ Pillow & pillow case
- \_\_\_ Alarm clock
- \_\_\_ Bath towels & wash cloths
- \_\_\_ Personal toiletries
- \_\_\_ Sunscreen (*outside activities*)
- \_\_\_ Swim suits
- \_\_\_ Goggles (2)
- \_\_\_ Swim towels (*2- 4 towels*)
- \_\_\_ Shorts and T-shirts
- \_\_\_ Athletic shoes/socks (*for Dryland workouts and games/activities*)
- \_\_\_ Fan (*Rooms are not air conditioned, shouldn't be too hot in June*)
- \_\_\_ Optional snacks and Drinks (*Refrigerators are NOT available in the dorms, camp store and vending machines with drinks and snacks on site*)
- \_\_\_ Water Bottle

*\*\*Shirts, shorts and shoes are required in all areas outside the pool\*\**

### **CAMPERS SHOULD NOT BRING**

- Expensive electronic equipment, jewelry, excessive money, gum, or pets. All items are brought at participant's own risk.
- *NOTE: Alcoholic beverages, drugs, firearms, knives, and fireworks are prohibited. Any items found not to follow Virginia Tech and camp policies will be confiscated and the appropriate law enforcement action will be taken. Parents will be notified immediately, and campers will be sent home at the parent's expense.*
- *Smoking, tobacco products of any kind, vaping and e-cigarettes are prohibited.*

### **AVAILABLE FOR CAMPER USE**

- Camp Store will be available in the dorm. Snacks, drinks, t-shirts, caps will be available for purchase. Snack and drink prices range from \$.50 to \$2.00.
- Coin operated washers and dryers are available in the dorms. Approximate cost \$1.75 per machine.